Motivation of young nurses who work at a ward where children and persons with severe motor and intellectual disabilities are treated

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Abstract

In a ward where children and persons with severe motor and intellectual disabilities are treated, many patients are likely to have verbal communication difficulties. Thus, understanding patients’ response to nursing care is difficult. Such a problem often appears in young nurses with 1 to 3 years’ experience and this may hinder their motivation. We conducted a study in Ward B of Hospital A to elucidate the specific types of situations that affect young nurses’ motivation and the support of senior nurses that results in the realization of skill improvement in young nurses. The results showed that trust from patients regarding nursing care and the realization of skill improvement (e.g., successful experience) were associated with young nurses’ motivation enhancement. Senior nurses and managers should set specific goals for young nurses so that young nurses can obtain a sense of accomplishment, which would result in higher motivation. To achieve this, a specific skill improvement program for nurses working in wards for children and persons with severe motor and intellectual disabilities should be created. Tottori J. Clin. Res. 12(1), 20-27, 2020

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